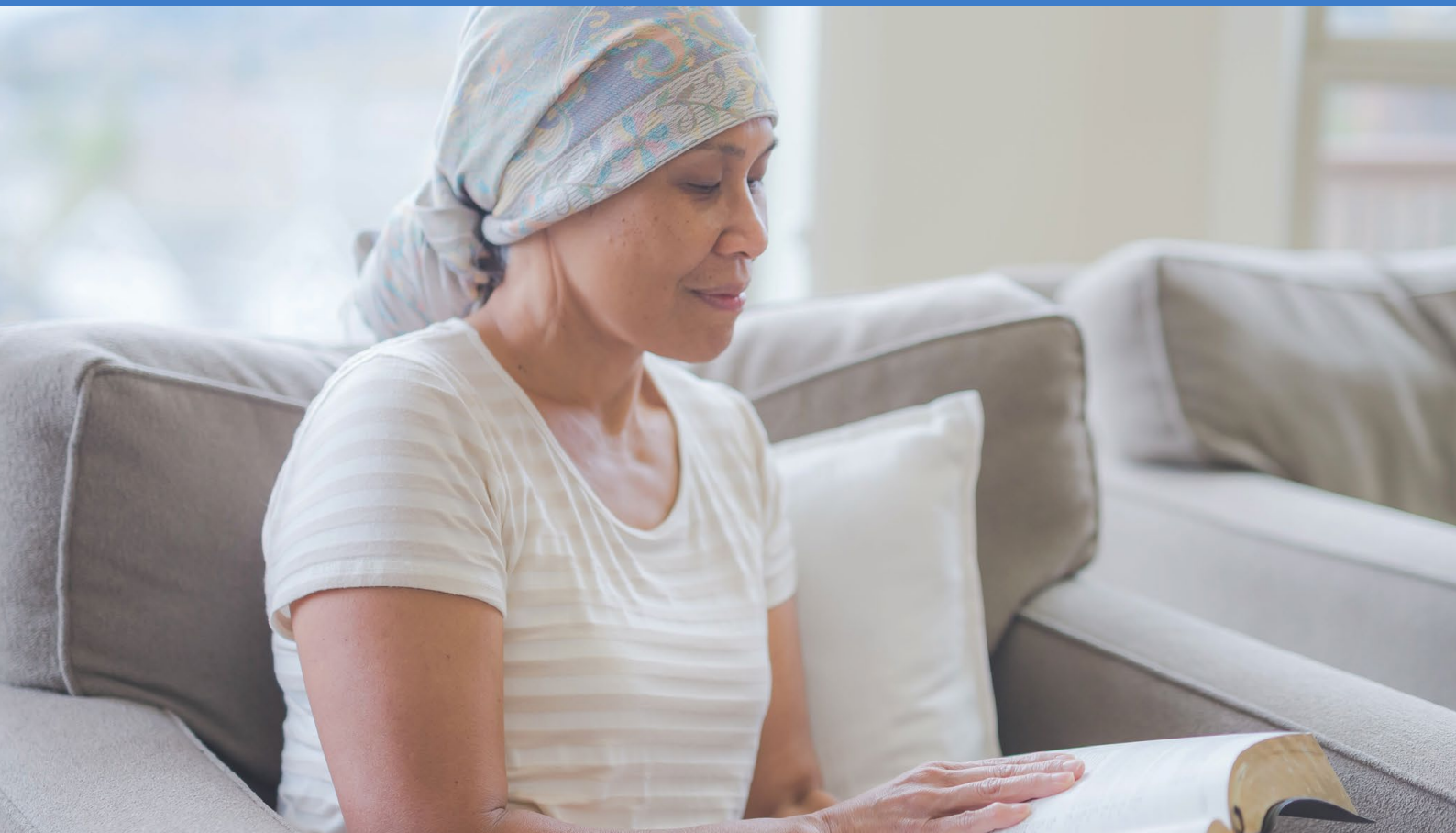


Planning your funeral - what do you want?



Funerals are usually planned during times of great stress.
But it doesn't have to be. We can all think about what
we want at our funeral.

Here are some of the things you might like to think about when thinking about or planning your own funeral. You can print it and fill it in.

This could be a good discussion starter, or you can leave it for your family to help them when they need it.

Remember, the only legal function of a funeral is to legally dispose of your body – as a burial or cremation.

How you choose to structure and personalise your funeral is up to you!

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Remembering me

There are lots of ways that people can remember you. You might like to share your thoughts.

I would like a Headstone or marker:

- Flat marker set on the grave
- Flat tablet on concrete slab
- Headstone or statue

What I want to wear:

- Favourite dress or suit
 - Casual wear
 - My choice is:
-

I would like some digital options:

- Online memory book
- Digital tombstones (shows your life story)
- Legacy messages for my family after my death
- Digital avatar
- AI digital afterlife

Coffins and caskets – Choosing what you are buried or cremated in

It can get confusing with so much choice. There are traditional coffins and caskets, seagrass, and even mushroom composting options. Don't be afraid to explore what is now available, you may like to choose an option that reflects your personality or beliefs.

- Traditional casket or coffin
- A personalised casket or coffin that is handmade to my specifications

Environmentally friendly options

- Chipboard
- Cardboard
- Woven
- Wicker
- Seagrass
- No casket or coffin, I would like to be buried or cremated in just a shroud

Planning your funeral - what do you want?



Need some more information?

Here are some resources with more information about funerals, planning checklists and alternative funerals that you may like to explore.

[Funerals Australia](#) provides information on finding providers and planning funerals in Australia.

[CANSTAR website](#) provides information on how to plan funerals or memorial services.

[Gatheredhere website](#) has resources that can assist in planning and finding end of life services across Australia, this site also has the checklist on How to Prepare for the Death of a Loved One.

[Garments for the Grave](#) is a website by Dr Pia Interlandi who designs and creates burial garments including funeral shrouds.

[Gippsland Unwrapped](#) presents a blog written by Tammy Logan who is passionate about planning well for the end of our life and reducing on impact of death on the environment - Planning a Sustainable Funeral.

[Funeral Planner website](#) has information on the process of donating your body to science - How do you donate a body to science in Australia.

[Natural Death Advocacy Network website](#) has information, factsheets and checklists that can help you to plan funerals, including family-led services.