



Tools and resources on pain for use in clinical practice, education and training

Fill in this resource

[Symptom Assessment Scale \(SAS\) \(172kb docx\)](#)

Assess the patient's anxiety around physical symptoms that bother, worry or cause distress

Complete this tool

[Abbey Pain Scale \(240kb pdf\)](#)

Assess severity of pain symptoms in aged care residents, including people with dementia and those who are non-verbal

Access this tool

[Pain Assessment IN Advanced Dementia Scale \(PAINAD\) \(43kb pdf\)](#)

Use this tool to score observations of pain-related behaviours in people who are unable to communicate their discomfort by Warden, et al. (2003)

Read the evidence

[Pain Assessment Checklist for Seniors with Limited Ability to Communicate \(PACSLAC\)](#)

Use this scale to score observations of pain in people who have difficulty communicating

Implement this tool

[Numeric Pain Rating Scale \(123kb pdf\)](#)

Assess pain by self-report in people with various communicative abilities developed by McCaffery, et al. (1989)

Optimise your learning

[PCC4U Module: Assessing and managing pain in palliative care](#)

Learn how to apply the principles of palliative care symptom management with this online module